

William Henry Monk (1823-89)





1. O day of rest and gladness, O day of joy and light, O balm of care and sadness, Most beautiful, most bright, On thee the high and lowly Before the eternal throne Sing Holy, Holy, Holy, To the great Three in One.

(1807-85)

- 2. On thee, at the creation,
 The light first had its birth;
 On thee, for our salvation,
 Christ rose from depths of earth;
 On thee our Lord victorious
 The Spirit sent from heaven;
 And thus on thee most glorious
 A triple light was given.
- 3. Today on weary nations
 The heavenly manna falls,
 to holy convocations
 The silver trumpet calls,
 Where Gospel-light is growing
 With pure and radiant beams,
 And living water flowing
 With soul-refreshing streams.
- 4. New graces ever gaining
 From this our day of rest,
 We reach the rest remaining
 To spirits of the blest:
 To Holy Ghost be praises,
 To Father, and to Son;
 The Church her voice upraises
 To Thee, blest Three in One.