

- This is the day of light;
   Let there be light today;
   Dayspring, rise upon our night,
   And chase its gloom away.
- 2. This is the day of rest:
  Our failing strength renew;
  On weary brain and troubled breast
  Shed Thou Thy freshening dew.
- 3. This is the day of peace: Thy peace our spirits fill; Bid Thou the blasts of discord cease, The waves of strife be still.

- 4. This is the day of prayer: Let earth to heaven draw near; Lift up our hearts to seek Thee there, Come down to meet us here.
- 5. This is the first of days: Send forth Thy quickening breath, And wake dead souls to love and praise, O Vanquisher of death!