

4. For night and day thy hand on me So grievous was and smart: That all my blood and humors moist To dryness did convert.

5. I did therefore confess my fault, And all my sins discover: Then thou, O Lord, did me forgive, And all my sins pass over. 6. The humble man should pray therefore And seek thee in good time: So that the floods of water great Shall have no power on him.

7. When trouble and adversity Did compass me about, Thou art my refuge and my joy, And thou dost rid me out. 8. Come hither, and I shall thee teac How thou shalt walk upright: And will thee guide, as I myself Have learned by proof and sight.

9. Be not so rude and ignorant, As is the horse or mule, Whose mouth without a rein or bit, From harm thou canst not rule. 10. The wicked man shall manifold Sorrows and grief sustain: But unto him that trusts in God, His goodness shall remain.

11. Be merry, therefore, in the Lord, Ye just, lift up your voice: And ye of pure and perfect heart, Be glad and eke rejoice.

Edited by B. C. Johnston, 2015

^{1.} All notes hlf value of original.

^{2.} Measure 4, *Medius*: last note changed from B-natural to B-flat.

^{3.} Measure 4: last note in all parts changed from double-whole to eighth-note and dotted-whole, to adjust to meter of some stanzas of lyrics.

^{4.} Stanzas 1 and 5 have meter 87. 87; but the rest are 86. 86 (to use the dashed ties).